



INTERNATIONAL ASSOCIATION FOR  
**WOMEN'S MENTAL HEALTH**  
www.iawmh.org



## Women's Mental Health in Bloom 2026 24hr Global Webathon Saturday 7 March 2026

### Australasia

Time (AEDT)	Event
11:00 – 11:05am	<b>Welcome</b> <i>Dr Astha Tomar</i>
11:05 – 11:08am	<b>Official Inauguration Welcome Message</b> <i>Her Excellency the Honourable Sam Mostyn AC, Governor-General of Australia</i>
11:08 – 11:23am	<b>Women and Psychotherapy</b> <i>Associate Professor Carolyn Quadrio AM</i>
11:23 – 11:28am	<b>Live Q&amp;A with Associate Professor Carolyn Quadrio AM</b> <i>Dr Astha Tomar &amp; Associate Professor Carolyn Quadrio AM</i>
11:28 – 11:42am	<b>Postpartum Psychosis in the literature - memoir versus fiction: a conversation between Anne Buist (The Glass House) and Ariane Beeston (Because I'm Not Myself You See)</b> <i>Professor Anne Buist AO &amp; Ariane Beeston</i>
11:42 – 11:52am	<b>Violence against women and girls: mental health and the recent rise in misogyny. What does it all mean</b> <i>Professor Manjula O'Connor</i>
11:52 – 11:58am	<b>Live Q&amp;A with Professor Manjula O'Connor</b> <i>Dr Astha Tomar &amp; Professor Manjula O'Connor</i>
11:58am – 12:20pm	<b>Women's Mental Health – Hormones &amp; trauma</b> <i>Professor Jayashri Kulkarni AM</i>
12:20 – 12:39pm	<b>Women's Mental Health and Addiction</b> <i>Associate Professor Shalini Arunogiri</i>
12:39 – 12:44pm	<b>Live Q&amp;A with Associate Professor Shalini Arunogiri</b> <i>Dr Astha Tomar &amp; Associate Professor Shalini Arunogiri</i>
12:44 – 12:54pm	<b>The Garden We Grow Together - Nurturing Cultural Safety and Wellbeing for CALD and CARM Women</b> <i>Ms Fiona (Community Member)</i>
12:54 – 12:59pm	<b>Live Q&amp;A with Ms Fiona</b> <i>Dr Astha Tomar &amp; Ms Fiona (Community Member)</i>

### Regional Partners



INDIAN  
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Canadian Psychiatric Association  
Association des psychiatres du Canada





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Time (AEDT)	Event
12:59 – 1:09pm	<b>The 100 women study: vulnerabilities associated with severe mental illness</b> <i>Dr Lillian Ng</i>
1:09 – 1:14pm	<b>Live Q&amp;A with Dr Lillian Ng</b> <i>Dr Astha Tomar &amp; Dr Lillian Ng</i>
1:14 – 1:23pm	<b>Women and academic psychiatry in Australia</b> <i>Associate Professor Samantha Loi</i>
1:23 – 1:48pm	<b>The importance of stories</b> <i>Professor Helen Milroy AM</i>
1:48 – 1:43pm	<b>Live Q&amp;A with Professor Helen Milroy AM</b> <i>Dr Astha Tomar &amp; Professor Helen Milroy AM</i>
1:53 – 1:55pm	<b>Closing comments and handover to Asia region</b> <i>Dr Astha Tomar</i>

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