



INTERNATIONAL ASSOCIATION FOR
WOMEN'S MENTAL HEALTH
www.iawmh.org



Women's Mental Health in Bloom 2026 *24hr Global Webathon* **Saturday 7 March 2026**

Middle East North Africa

Time (Cairo local time)	Event
07:30 – 07:35 pm	Opening and Introduction <i>Prof. Gihan ELNahas - Ain Shams University (Egypt) / President Elect- International Association of Women's Mental Health-Regional Lead of WMN in Bloom Webathon in MENA region</i>
07:35 – 07:45 pm	Women in Crisis Zones – The Unheard Voices <i>Dr. Moez Doraid, UN Women Regional Director for the Arab States</i>
07:45 – 08:05pm	Women Mental Health in Workplace <i>Prof. Hussien Elkholy- Ain Shams University (Egypt)/Brighton and Sussex Medical School (UK)</i>
08:05 – 08:10 pm	Q&A
08:10 – 08:30 pm	Women and Tobacco Use in the Eastern Mediterranean Region: Current Realities and Future Directions <i>Dr Fatimah El-Awa - Regional Advisor Tobacco Free Initiative – EMRO - WHO</i>
08:30 – 08:35 pm	Q&A
08:35 – 09:05 pm	Crash Course on: Pharmacological Treatment of Depression in Pregnancy <i>Prof. Gihan ELNahas - Ain Shams University (Egypt) / President Elect- International Association of Women's Mental Health</i>
09:05-09:10 pm	Q&A
09:10 – 09:30 pm	Women and Substance Use: Challenges and Hope <i>Dr Rama Kamal</i>
09:30 – 09:35 pm	Q&A
09:35 – 10:15 pm	Interactive Forum: Current Needs and Aspirations of Early Career Psychiatrists: Training Gaps, Roadblocks, and Gender-Specific Challenges Chairs: <i>Prof. Gihan ELNahas - Ain Shams University (Egypt) / President Elect- International Association of Women's Mental Health</i> <i>Dr Lamia Jouini - Chair Early Career Psychiatrists Section, WPA</i> Moderator: <i>Prof. Hussien Elkholy- Ain Shams University (Egypt)/Brighton and Sussex Medical School (UK)</i> Panel (Alphabetically): <ul style="list-style-type: none"> <i>Dr Bayan Abdul-Hadi (Jordan/UK)</i> <i>Dr Djihane Boussouara- (Algeria)</i> <i>Dr Rama Kamal (Qatar)</i> <i>Dr Raymond Kassab (Lebanon)</i> <i>Dr Omar Mansour (Egypt)</i> <i>Dr Laures Meddouri (Tunisia)</i>
10:15 -10:20pm	Q&A

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10:20 – 10:25 pm	Through His Eyes: Women's Emotions in Digital Art <i>Ahmed Emad, Digital Art Designer</i>
10:25 – 10:30 pm	Wrap Up and Handover <i>Prof. Gihan ELNahas - Ain Shams University (Egypt) / President Elect- International Association of Women's Mental Health</i>

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